ZENDEN SPORTS

sportrooster 2 juli t/m 27 juli

ma 2/7	9.30	yoga
	17.30	pilates
	18.30	bodyshape
	19.30	aquazumba**
	20.30	pump**
di 3/7	09.00	bodyshape
	10.30	aquajoggen
	19.00	bodyshape**
	20.00	zumba**
wo 4/7	09.00	bodyshape
	18.30	pump**
do 5/7	18.00	poweryoga**
	19.00	zumba**
	19.30	aquajoggen
	20.00	aquazumba**
vr 6/7	09.00	bodyshape

ma 9/7	9.30	yoga
	17.30	pilates
	18.30	bodyshape
	19.30	aquazumba**
	20.30	pump**
di 10/7	10.30	aquajoggen
	19.00	bodyshape**
wo 11/7	09.00	bodyshape
	18.30	pump**
do 12/7	18.00	poweryoga
	19.00	zumba**
	19.30	aquajoggen
	20.00	aquazumba**
vr 13/7	09.00	bodyshape

ma 16/7	9.30	yoga
	17.30	pilates
	18.30	bodyshape
di 17/7	10.30	aquajoggen
	19.00	bodyshape**
wo 18/7	09.00	bodyshape**
	19.00	stadsparkworkout**
do 19/7	18.00	poweryoga**
	19.30	aquajoggen
	19.30	stadsparkworkout**
vr 20/7	09.00	bodyshape

ma 23/7	9.30	yoga**
	17.30	pilates
	18.30	bodyshape
	19.30	stadsparkworkout**
di24/7	10.30	aquajoggen
	19.00	bodyshape**
wo 25/7	09.00	bodyshape
	19.00	stadsparkworkout**
do 26/7	19.30	aquajoggen
	20.00	bodyshape**
vr 27/7	09.00	bodyshape

openingstijden zwembad 's avond (overdag volgens regulier rooster):

maandag t/m vrijdag tot 20.15 uur.